

Nutrition Facts

4 servings per container

Serving size

1 Patty

Amount per serving

Calories

216

% Daily Value*

Total Fat 4g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 770mg **<1%**

Total Carbohydrate 11g **4%**

Dietary Fiber 2g **5%**

Total Sugar 1g

Added Sugar 0g **0%**

Protein 31g **63%**

Vit. D 0mcg 0% • Calcium 133mg 10%

Iron 2mg 11% • Potassium 45mg 1%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.